

Riferimento alle tabelle delle MPI Master Outdoor FIDAL del 05/04/2011

CAT	Alto	Asta	Lungo	Triplo	Peso	Disco	Giavelotto	Martello	Martellone
MF35	1,86	3,80	6,64	14,00	18,81 (4 kg)	62,94 (1 kg)	60,19 (600 g)	53,96 (4 kg)	15,96 (9,080 kg)
MF40	1,78	3,60	5,48	12,07	16,52 (4 kg)	51,48 (1 kg)	46,56 (600 g)	49,31 (4 kg)	12,92 (9,080 kg)
MF45	1,56	3,50	4,98	10,76	14,91 (4 kg)	45,18 (1 kg)	41,05 (600 g)	39,46 (4 kg)	12,85 (9,080 kg)
MF50	1,44	3,40	4,81	8,85	12,00 (3 kg)	39,21 (1 kg)	35,76 (500 g)	40,65 (3 kg)	13,57 (7,260 kg)
MF55	1,34	3,30	4,10	8,99	11,12 (3 kg)	28,42 (1 kg)	36,69 (500 g)	35,25 (3 kg)	11,08 (7,260 kg)
MF60	1,29	3,20	3,87	8,31	10,23 (3 kg)	25,05 (1 kg)	26,86 (400 g)	33,42 (3 kg)	14,56 (5,450 kg)
MF65	1,17	3,10	3,37	5,93	9,10 (3 kg)	25,92 (1 kg)	23,82 (400 g)	35,54 (3 kg)	14,89 (5,450 kg)
MF70	1,08	2,60	2,57	5,60	7,72 (3 kg)	20,16 (1 kg)	19,05 (400 g)	22,84 (3 kg)	9,32 (5,450 kg)
MF75	0,95	2,10	2,37	4,62	6,52 (2 kg)	12,87 (0,750 kg)	17,45 (400 g)	19,65 (2 kg)	7,44 (4 kg)
MF80	0,90	1,60	2,20	4,00	6,60 (2 kg)	13,57 (0,750 kg)	17,32 (400 g)	24,43 (2 kg)	8,39 (4 kg)
MF85	0,85	1,40	2,00	3,55	4,70 (2 kg)	12,60 (0,750kg)	10,20 (400 g)	18,00 (2Kg)	7,10 (4Kg)
MF90	0,80	1,40	1,75	3,10	4,40 (2Kg)	11,86 (0,750 kg)	8,74 (400 g)	12,00 (2Kg)	5,80 (4Kg)
MF95	0,80	1,40	1,50	2,75	5,32 (2 kg)	12,86 (0,750 kg)	7,92 (400 g)	7,19 (2 kg)	4,67 (4 kg)

MM35	2,16	5,20	7,70	16,00	20,17 (7,257 kg)	63,66 (2 kg)	73,23 (800 gr)	79,74 (7,257 kg)	23,94 (15,880 kg)
MM40	2,04	5,00	6,93	14,71	19,07 (7,257 kg)	62,16 (2 kg)	64,51 (800 gr)	72,40 (7,257 kg)	15,72 (15,880 kg)
MM45	2,04	4,30	6,54	13,70	15,78 (7,257 kg)	51,70 (2 kg)	65,16 (800 gr)	55,49 (7,257 kg)	14,94 (15,880 kg)
MM50	1,84	4,00	6,29	13,00	14,65 (6 kg)	54,92 (1,5 kg)	55,45 (700 gr)	60,81 (6 kg)	19,91 (11,340 kg)
MM55	1,77	3,50	5,73	12,33	14,43 (6 kg)	51,58 (1,5 kg)	53,68 (700 gr)	52,28 (6 kg)	16,81 (11,340 kg)
MM60	1,61	3,41	5,45	11,45	13,77 (5 kg)	57,86 (1 kg)	54,10 (600 gr)	53,28 (5 kg)	16,54 (9,080 kg)
MM65	1,57	3,20	5,47	11,40	13,38 (5 kg)	54,93 (1 kg)	45,76 (600 gr)	49,41 (5 kg)	17,00 (9,080 kg)
MM70	1,42	3,05	4,59	10,14	13,68 (4 kg)	55,27 (1 kg)	40,73 (500 gr)	49,85 (4 kg)	18,57 (7,260 kg)
MM75	1,31	2,50	4,48	8,38	12,86 (4 kg)	49,21 (1 kg)	39,80 (500 gr)	44,93 (4 kg)	17,80 (7,260 kg)
MM80	1,18	2,10	3,98	8,22	10,27 (3 kg)	33,56 (1 kg)	33,02 (400 gr)	22,14 (3 kg)	12,73 (5,450 kg)
MM85	1,02	1,42	3,58	7,65	9,09 (3 kg)	31,88 (1 kg)	22,41 (400 gr)	22,00 (3Kg)	10,54 (5,450 kg)
MM90	0,95	1,40	3,07	6,29	7,71 (3 kg)	23,15 (1 kg)	18,93 (400 gr)	21,94 (3 kg)	8,88 (5,450 kg)
MM95	0,87	1,40	1,93	4,00	6,82 (3 kg)	17,22 (1 kg)	11,78 (400 gr)	16,72 (3 kg)	6,21 (5,450 kg)